

LIABILITY RELEASE AND ASSUMPTION OF RISK

Leve-Leve Freediving · leve-leve 慢慢來自由潛水

Participant's full name (as on passport / ID): _____

Date of birth: _____ Nationality: _____

Email: _____ Phone: _____

Emergency contact — name: _____ relationship: _____

Emergency contact phone: _____

Activity booked: _____ Date: _____ Venue: _____

1. What this activity involves

I am taking part in breath-hold diving (freediving) activities conducted by **Elizabeth (Eliz), trading as Leve-Leve Freediving** ("the Instructor"). Depending on what I have booked, this may include an introductory session, a supervised or guided session, or structured instruction, carried out in a swimming pool or other body of water.

2. Risks I understand and accept

I understand that breath-hold diving carries risks that cannot be eliminated, however carefully the activity is run. These include, but are not limited to:

- loss of consciousness underwater (blackout) and loss of motor control, which can occur without warning and with no prior sensation of distress;
- drowning or near-drowning;
- pressure-related injury to the ears, sinuses, teeth, lungs or airways;
- aggravation of a pre-existing medical condition, whether or not I am aware of it;
- injury from equipment failure or misuse, from other people in the water, or from the facility, its surfaces, fittings or other users;
- delay in rescue, first aid or medical treatment.

I understand that these risks may result in **serious injury, permanent disability or death**. I choose to take part anyway, and I accept these risks voluntarily.

3. Fitness and honesty

I confirm that I am 18 years of age or older; that I have completed the accompanying Medical Statement fully and truthfully; that where that statement required a physician's approval I have obtained it and attached it; and that I am not under the influence of alcohol, recreational drugs, or any medication that could affect my safety in the water.

I will tell the Instructor immediately if my health changes between signing this form and the activity taking place.

4. Following instructions

I agree to follow the Instructor's safety briefings and instructions, and the rules of the facility where the activity takes place. I understand that the Instructor may end my participation at any time, without refund, if in the Instructor's judgement it is unsafe for me to continue.

5. Insurance

I understand that **the fee I have paid does not include any insurance covering me**, and that the Instructor has not arranged personal accident, medical or travel insurance on my behalf. Arranging my own cover is my responsibility, and I have considered whether my existing policies cover breath-hold diving.

6. Release

To the fullest extent permitted by law, I release the Instructor and any assistants or staff acting for her from liability for injury, loss or damage arising from my participation, except where such liability arises from intentional misconduct or gross negligence, which cannot be released in advance under applicable law.

This release does not affect any rights I have against the operator of the facility, whose own terms apply separately.

7. General

If any part of this agreement is found to be unenforceable, the remaining parts continue to apply. This agreement is governed by the laws of Taiwan (R.O.C.).

I have read and understood this document before signing it. I have had the opportunity to ask questions.

If any part of this form is unclear to you, please ask before signing. A signed form is not valid if you did not understand what you were signing.

Participant's signature

Printed name

Date

Instructor's signature